

Ladies and Gentlemen,

Here is the schedule for the Winter Wonderland Workshop.

Class signup will be made available within a few days. An announcement will be made to give you advanced notice. This is your opportunity to plan your schedule ahead of time. Classes are signed up for on a first come, first served basis. There is no guarantee you will get your first choices, so have options at the ready.

PLEASE NOTE: Don't over estimate your skill level when choosing classes. If you choose a class that you are under qualified to take, the instructor or coordinators have the right to have you sit out so the rest of the class doesn't have to slow down. Think about skill levels like this:

OPEN: Available for everyone. These classes are usually specialized topics or practical topics everyone should throughout their careers.

BEGINNER: A great way to get started in your training. If you've never held the weapon before or in a limited capacity, these are the classes for you.

INTERMEDIATE: If you have studied the weapon consistently for 1 year or more, sign up for these classes.

ADVANCED: If you have studied the weapon consistently for 3 years or more, sign up for these classes.

This is a gauge to help you understand where your skill level is. Push yourself, but know your limitations. The last thing we want is to have students be overwhelmed and frustrated because they can't keep up in a class. **CHOOSE WISELY!**

THURSDAY, JANUARY 7TH

9:30-11:00

Fancy Footwork

Level: Open

Weapon: None

Instructor: David Woolley

Description: You know you need it. Warm-ups and Drills for footwork for fake fighting.

Push Me/Pull You

Level: Open

Weapon: Unarmed

Instructor: Michael Johnson

Description: We'll explore the various pushes and pulls that can be incorporated into fights, especially SPTs, and widen our vocabulary.

Mass Battle Choreography Made Easy

Level: Open

Weapon: Special/Sword & Shield

Instructor: Matthew Ellis

Description: An easy and fast technique for fight directors and directors that can make a small cast seem like an army.

Why Can't We Be Friends

Level: Open

Weapon: Unarmed

Instructor: Brian LeTraunik

Description: What happens before and after the fight sometimes matters more than what happens during the fight. An examination of "moment before" and consequences of a fight.

Swashbuckling with Attitude!

Level: Beginner

Weapon: Single Sword

Instructor: Scot Mann

Description: Single sword as a character-driven medium taking inspiration from the golden age of film.

Pushing the Envelopment

Level: Beginner

Weapon: Smallsword

Instructor: Michael Anderson

Description: Jump in the deep end of the sword fighting pool and learn the hard stuff first! If you can perform an envelopment, you can handle the rest of it.

Tesla's Needle

Level: Beginner

Weapon: Smallsword

Instructor: Christopher Elst

Description: Using basic smallsword techniques, en gardes, and the feel of the steel, learn how to approach a fight to build electric tension in the audience and explode into the choreography.

Trapped in a Hallway

Level: Intermediate

Weapon: Knife

Instructor: Andrew Ray

Description: An intense look at knife fights when moving backwards isn't an option. Exploring the idea that there is no moving backwards, only forward.

Fighting Funny Dangerously

Level: Intermediate

Weapon: Unarmed/Single Sword

Instructor: David Sterritt

Description: Not all fights are dramatic. Some fights are very funny. How do we act these fights and still keep the danger in them, while playing up the comedic. That's the key... pain is funny. Come take the class and enjoy somebody's pain!

The Art of Coarse Fighting

Level: Advanced

Weapon: Special

Instructor: Roger Bartlett

Description: Coarse acting is "acting by persons who are pathetically anxious to do well without having any intention of working to improve themselves." We will use the principles laid out in the "Coarse Acting" handbook to create the ultimate *Fight that goes wrong!!*

Through the Looking Glass

Level: Advanced

Weapon: Rapier & Dagger

Instructor: Dale Girard

Description: The mirror image is not always what it appears – not always easy to follow for some. This is a class in non-dominant hand technique and how to approach students/choreography in so much as no one is the odd one out. Working with the non-dominant hand in rapier & dagger (double-fence techniques) the class is intended to make a teacher/choreographer aware of many of the issues that can arise when one or more student/actor in the class/production work better and/or must work in opposition to the instructor's dominant hand and predominant teaching style.

THURSDAY, JANUARY 7TH

11:15-12:45

Getting the Point

Level: Open

Weapon: Smallsword

Instructor: Richard Raether

Explore the fundamentals of Small Sword. Thrusting, distance and targeting open the door to great small sword fights.

Motion Capture Performance

Level: Open

Weapon: Special

Instructor: Andrew Ray

A character-building workshop. Learn what is expected of a motion capture actor beyond stunts and stage combat.

Sometimes in a Sword Fight...

Level: Open

Weapon: Single Sword

Instructor: Zack Meyer

This class will take an open level approach to Single Sword style where combatants will be choreographed into dealing with an attacker's sword after they've been disarmed.

Reacting to Danger

Level: Open

Weapon: Rapier & Dagger

Instructor: Robert Aronowitz

Look down: you have two weapons. Look up: they have two weapons. Let's try to cut them without them cutting us. It seems simple; No? This class will explore attacking and removing target while playing the very real danger of both a Rapier and a Dagger.

Gimme yer Lunch Money

Level: Open

Weapon: Unarmed

Instructor: Sarah Flanagan

Dip into some basics of unarmed stage combat while reliving cherished (??) memories of high school. Get ready for some good ol' shoving and slapping, and don't be surprised if wet willies and wedgies make an appearance. Anybody not having enough fun is at risk of being stuffed into a locker- you have been warned!

I'm the Best Fighter

Level: Beginner

Weapon: Single Sword

Instructor: Jonn Baca

Using basic techniques and a WHOLE LOT of attitude, even the least experienced fighter can look darn spiffy.

Stupid Sword Tricks in Small Spaces #21

Level: Intermediate

Weapon: Smallsword

Instructor: David Woolley

So you've been hired to stage a sword fight in a shoebox...here's some ridiculous pointers!

Samurai Swashbuckling

Level: Intermediate

Weapon: Special

Instructor: Dale Girard

This class explores a style of eastern swordplay associated with chop-saki swashbuckling action films. Based in the fundamental sword techniques of the Korean martial art of Haidong Gumdo (meaning "the way of the sword"), this class explores the parallels and differences in performance based "broadsword" techniques and choreography. In this, the western style stage broadsword-play, where the sword serves as a weapon of weight, and offensive actions are generally met with opposition parries, is set aside and replaced with more fluid techniques that create phrases of movement that only tell a story in their entirety, and not in their individual actions.

Shield Wall

Level: Intermediate

Weapon: Sword & Shield

Instructor: Aaron Preusse

You've seen it on TV and the Movies, now's your chance to be part of a shield wall and push back rabble. We'll explore a number of wall styles in this bombardment.

Knife vs. Knife

Level: Advanced

Weapon: Knife

Instructor: Scot Mann

An examination of choreography involving two characters with expert knife skills. Fast and effective, the work is based on actual knife fighting techniques

Scrappy Brawling

Level: Advanced

Weapon: Unarmed

Instructor: Jay Burckhardt

An Unarmed throw down incorporating double timed hits, blind attacks and unusual knaps to create really tight, unclean violence. It will end up on the ground...

THURSDAY, JANUARY 7TH

2:15-3:45

Ugly Smallsword

Level: Advanced

Weapon: Smallsword

Instructor: Richard Raether

Forget the pretty poses and positions - just kill the guy with a big needle.

Fashions of Chan

Level: Intermediate

Weapon: Special

Instructor: DC Wright

Basing the class on the fighting styles of Jackie Chan, students will practice fighting using the clothes you are wearing! Because, hey, how often do you fight naked?? We will supply the clothing

This is my Boomstick

Level: Beginner

Weapon: Quarterstaff

Instructor: Aaron Preusse

This class will explore the basics of how to use the Quarterstaff to strike your partner rather than yourself. We will explore short form and the various targets and parries to make you look awesome and not just to play Robin Hood.

Kicks Korea

Level: Advanced

Weapon: Unarmed

Instructor: Christopher Elst

Using kicks common to the Korean styles of martial arts (crescents, axes, roundhouses, hooks, and jumping front kicks), learn a flurry of feet choreography to impress the masses!

Lightsaber 101

Level: Open

Weapon: Special

Instructor: Jonn Baca

An introduction to an elegant weapon, from a more civilized age. Introduction to the cinematic style of Lightsaber, including the Force and choreography from the films.

Snap, Crackle, Pop

Level: Open

Weapon: Unarmed

Instructor: David Sterritt

Sometimes characters get hurt in fights. Other times, they get REALLY hurt. Come learn some truly terrible ways to choreograph and perform bone breaks and dislocations we can inflict on characters and the fun sound effects we pair with them.

Slop it Up

Level: Intermediate

Weapon: Single Sword

Instructor: Brian LeTraunik

Is this a fight or a dance? How do you take good technique and make it look sloppy?

Get Down With It

Level: Beginner

Weapon: Unarmed

Instructor: Roger Bartlett

An introduction to getting down onto the floor. Some basic falls and maybe even a few rolls!

Anatomy of a Kill

Level: Open

Weapon: Knife

Instructor: Alicia Rodis

What REALLY happens when you take that stomach slash? How about when one of your various arteries is severed? This class reveals the reality of some of the most common injuries and kills we are asked to perform as actor combatants.

Silly Sallé Smallsword

Level: Open

Weapon: Smallsword

Instructor: Melissa Freilich

An introduction to smallsword by exaggerating the influences of ballet and the high French style. Whether you've tried smallsword before or not, we'll have a great time being elegant, foppish and deadly.

Sword & Shield

Level: Open

Weapon: Sword & Shield

Instructor: Frank Delaney

An acting focused class about making choices on top of the technique. Using a short piece of choreography as the text of the story.

THURSDAY, JANUARY 7TH

4:00-5:30

Contact Hits

Level: Open

Weapon: Unarmed

Instructor: Richard Raether

Give and take them with confidence! Learn and practice techniques that will take the worry out of contact hits.

Get Da Funk Out Da Way

Level: Open

Weapon: Knife

Instructor: Michael Johnson

We'll learn how footwork can get us out of the way of an attack and into position for counterattacks, intercept their attack long before it lands, and how to stretch your opponent's attack to his/her detriment.

Knife Fight

Level: Open

Weapon: Knife

Instructor: Michael Anderson

For aspiring choreographers. Learn the elements of a compelling staged knife fight, how to keep it real enough yet thrilling enough to get hired again.

Schmacting 101

Level: Open

Weapon: Broadsword

Instructor: Aaron Preusse

Learn how to talk and sword fight at the same time!! This class will cover a simple choreography and then how to make it look pretty with all that Schmacting talent. Try out a new interpretation of a character or just learn how to hold the sharp pointing things without looking like it's your first time. Students will be able to place physical and emotional intentions together to form what might be an actual fight scene.

Single Sword Speed Date

Level: Open

Weapon: Single Sword

Instructor: Christopher Elst

Using stock phrases, create multiple duels with multiple opponents in a tiny amount of time

Dual Fence to the Death

Level: Beginner

Weapon: Rapier & Dagger

Instructor: David Sterritt

I have two hands.... and two weapons! Come learn some basics of Rapier and Dagger and learn to be an ambi fighter! (Ambidextrous). Class will take beginner's through some of the basic's of Rapier and Dagger and allow them to fight with both hands. Thought fighting with one weapon was fun? Come try two!

Wounds and Kills of Capo Ferro

Level: Intermediate

Weapon: Rapier & Dagger

Instructor: David Woolley

The horror of Italian Rapier play....you can keep your clothes on.

Lightsaber 201 Story vs Flair

Level: Intermediate

Weapon: Special

Instructor: Jonn Baca

This class will explore how to strike a balance between the flash of the Prequel Trilogy lightsaber fights vs. the evocative storytelling of the Original Trilogy.

Modern 18th Century Fencing

Level: Intermediate

Weapon: Smallsword

Instructor: Roger Bartlett

The sport of Foil Fencing, but with a smallsword! This class will take a look at how the old fencing masters MAY have taught smallsword to their pupils using today's methods of teaching foil fencing.

Stay on Target

Level: Advanced

Weapon: Smallsword

Instructor: Brian LeTraunik

Specifying target and intent means one smoking hot smallsword fight!

Living in the Consequences of Action

Level: Advanced

Weapon: Sword & Shield

Instructor: Andrew Ray

A sword and shield class that focuses on dealing with the trauma that this weapon inflicts on the body.

FRIDAY, JANUARY 8TH

9:30-11:00

Victorian Standard Combats

Level: Open

Weapon: Single Sword

Instructor: Roger Bartlett

A look at the standard techniques and sequences employed by actors in Victorian theatre. Its an excuse for "a terrific combat!"

And I Was Free..Free Falling..to the Floor

Level: Beginner

Weapon: Unarmed

Instructor: David Sterritt

Ever had to fall in a show? Me too. Come learn several ways to do it safely instead of being told to, "just fall". This way you can do it 8 times a week. And remember, the floor is your friend. Just don't make it angry.....

Swashbuckling 101

Level: Beginner

Weapon: Single Sword

Instructor: Richard Raether

Learn the basics of swordplay, cuts, parries, and oh yes, swashbuckling!

R&D Rhythm & Flow

Level: Beginner

Weapon: Rapier & Dagger

Instructor: John McFarland

The student will learn ways of addressing Multi tasking of R&D by focusing on need based activities and applying them to R&D.

This is my Boomstick

Level: Beginner

Weapon: Quarterstaff

Instructor: Aaron Preusse

This class will explore the basics of how to use the Quarterstaff to strike your partner rather than yourself. We will explore short form and the various targets and parries to make you look awesome and not just to play Robin Hood.

Sword & Shield vs. Longsword

Level: Intermediate

Weapon: Special

Instructor: Scot Mann

Examining the advantage and disadvantages of each style opposing the other and sing their unique qualities to develop exciting choreographic sequences.

Bound Knife Fighting

Level: Intermediate

Weapon: Knife

Instructor: Dale Girard

Two combatants bound together by a short piece of rope, armed with knives, what could possibly go wrong? A dueling and brutal competition technique in a variety of cultures across the world and throughout history, the class will discuss and explore some techniques and trappings associated with a measure and range of motion limited by the unarmed hands of the combatants being bound together. The class will learn and explore various bound knife fighting techniques, learn a short routine in this style, and discuss the pros and cons of this form of knife fighting.

Unarmed in the Round

Level: Intermediate

Weapon: Unarmed

Instructor: Andrew Ray

Unarmed techniques for theatre in the round. Hiding technique in plain sight and tricking the audience into seeing what we want them to see.

Laban R&D

Level: Intermediate

Weapon: Rapier & Dagger

Instructor: Jonn Baca

Want to add a new aspect to your fighting skills? This class can help. Using concepts from the Laban Technique for movement, this class will explore different ways to approach a fight.

Slop it Up

Level: Intermediate

Weapon: Single Sword

Instructor: Brian LeTraunik

Is this a fight or a dance? How do you take good technique and make it look sloppy?

Scrappy Brawling

Level: Advanced

Weapon: Unarmed

Instructor: Jay Burckhardt

An Unarmed throw down incorporating double timed hits, blind attacks and unusual knaps to create really tight, unclean violence. It will end up on the ground..

Unarmed Renewal Part 1

Level: Renewal

Weapon: Unarmed

Instructor: Christopher Elst

This class is solely for the purpose of renewing your SAFD certification. You MUST take both parts in order to qualify for the test.

FRIDAY, JANUARY 8TH

11:15-12:45

Push Me/Pull You

Level: Open

Weapon: Unarmed

Instructor: Michael Johnson

Description: We'll explore the various pushes and pulls that can be incorporated into fights, especially SPTs, and widen our vocabulary.

Schmacting 101

Level: Open

Weapon: Broadsword

Instructor: Aaron Preusse

Learn how to talk and sword fight at the same time!! This class will cover a simple choreography and then how to make it look pretty with all that Schmacting talent. Try out a new interpretation of a character or just learn how to hold the sharp pointing things without looking like it's your first time. Students will be able to place physical and emotional intentions together to form what might be an actual fight scene.

Where Strangers Meet

Level: Beginner

Weapon: Unarmed

Instructor: Andrew Ray

An unarmed class that looks at how we respond to people invading personal space and how we can use those reactions to cue and communicate in different and new ways.

What's the Point?

Level: Beginner

Weapon: Smallsword

Instructor: Jay Burckhardt

Beginners guide to smallsword! Execution of point work and training tools to master the precision of the weapon.

Heavy Metal, Man

Level: Beginner

Weapon: Broadsword

Instructor: Alicia Rodis

Beginning or refresher class for the Broadsword technique, with a special focus on finding your center and using gravity to help these big weapons work for just about anyone.

Sword & Board

Level: Beginner

Weapon: Sword & Shield

Instructor: Mike Speck

Work with heavy metal! Learn the basic techniques of sword & shield, the bangiest and clangiest of the SAFD's weapon styles: learn to play a little knight music.

Swashbuckling Multiple Attackers

Level: Advanced

Weapon: Single Sword

Instructor: John McFarland

Group fights alla three musketeers, 2 on 1, 5 On 4, 4 on 3 and More!!!

Compound Parry Playtime

Level: Intermediate

Weapon: Rapier & Dagger

Instructor: DC Wright

In this class the intermediate student will focus on mastering the sometimes tricky techniques of multi-weapon parries- including parallel, Cross, sequential, counter sequential, replacement/transfer, and reinforced parries- and then incorporating these techniques into a training phrase.

Hold Me

Level: Advanced

Weapon: Unarmed

Instructor: Michael Anderson

We'll make use of real wrestling techniques to perform real work for an extra authentic performance.

What if the Character Doesn't Know...

Level: Intermediate

Weapon: Unarmed

Instructor: Matthew Ellis

Building chaotic and visceral unarmed choreography from slow motion improvisation. Focuses on Contemporary characters and violence styles.

Modern 18th Century Fencing

Level: Intermediate

Weapon: Smallsword

Instructor: Roger Bartlett

The sport of Foil Fencing, but with a smallsword! This class will take a look at how the old fencing masters MAY have taught smallsword to their pupils using today's methods of teaching foil fencing.

Unarmed Renewal Part 2

Level: Renewal

Weapon: Unarmed

Instructor: Christopher Elst

This class is solely for the purpose of renewing your SAFD certification. You MUST take both parts in order to qualify for the test.

FRIDAY, JANUARY 8TH

2:15-3:45

Warm 'Em Up!

Level: Open

Weapon: Special

Instructor: DC Wright

Looking for exciting and invigorating ways to begin your stage combat sessions? Come throw things at each other as one of several different warm up type games, activities and exercises that not only get the blood flowing and the energy up, but that also work on different skills and principles that are essential to the actor/combatant. Learn tricks to start teaching the students before you even start stretching!

Play the Pain, Don't Feel It!

Level: Beginner

Weapon: Unarmed

Instructor: Dave Gonzalez

Class focuses on reactions to strikes and other attacks as a means of telling the story of the pain reaction without collapse and crumpling in the actors.

Authorized Staff Only

Level: Beginner

Weapon: Quarterstaff

Instructor: Robert Aronowitz

This class will introduce the basics of SAFD theatrical staff fighting and allow students to explore technique, movement, momentum, storytelling, and safety.

If you Push Me I will slap you silly!

Level: Beginner

Weapon: Unarmed

Instructor: David Woolley

Basic pushing, struggling, and simple slaps!

Swashbuckling for Landlubbers

Level: Beginner

Weapon: Single Sword

Instructor: Matthew Ellis

A basic introduction to the Single Sword with an emphasis on panache!

Case of Rapiers

Level: Intermediate

Weapon: Rapier

Instructor: Scot Mann

Examination of the dueling style of Case of Rapiers and how the principles apply to choreographic possibilities.

Sword vs. Shield

Level: Intermediate

Weapon: Sword & Shield

Instructor: Michael Johnson

What happens when we pit these weapons against each other? How will that inform our understanding of them when we bring them back together? Lets find out.

React, Recognize, Respond

Level: Intermediate

Weapon: Unarmed

Instructor: Michael Anderson

This interactive lecture will provide a functional explanation of the way our brain processes information during a fight. This can be used to create a more realistic performance.

German Broadsword Talhoffer

Level: Intermediate

Weapon: Broadsword

Instructor: Matthias Fittkau

Talhoffer was a court fighter to hire. His book 1467 is about court fight technique. The court fights of this time are not epic battles with a hundred moves to fight the opponent down. It was more like a samurai fight, one blow and the fight is over. Important if you have a wife at home, waiting with the dinner for you. And you promised that you will be back at 8 pm. That's live in the dark ages, especial in Winter, at 8 pm it's very dark. Most of the footwork is stepping into the distance of the opponent, distracting his action and take the advantage to win the fight. We will go through the germane terms of the stands and selection of different blows. This class will show you the basic moves and we will adapt it for the stage. And if you come to a court fight in the future, you are prepared, in theory at last.

Oh! My Arm!

Level: Advanced

Weapon: Special

Instructor: Aaron Preusse

You're injured now what do you do? Students will be given a simple choreography then an injury. They will then have to execute the choreography as best they can staying true to their intention and the choreography.

Stay on Target

Level: Advanced

Weapon: Smallsword

Instructor: Brian LeTraunik

Specifying target and intent means one smoking hot smallsword fight!

FRIDAY, JANUARY 8TH

4:00-5:30

But I DO Have a Belt

Level: Open

Weapon: Special

Instructor: Scot Mann

Use of a belt in choreography and self defense. A terrific way to increase the choreographic possibilities in your arsenal.

Swing into Violence

Level: Open

Weapon: Unarmed

Instructor: John McFarland

Creating violence based on a partnered dance center. We will learn some basic swing dance moves and use them to create a fight.

Mass Battle Choreo Made Easy

Level: Open

Weapon: Special

Instructor: Matthew Ellis

An easy and fast technique for fight directors and directors that can make a small cast seem like an army.

The Perfect Parry

Level: Beginner

Weapon: Rapier

Instructor: Matthias Fittkau

Specifying target and intent means one smoking hot smallsword fight!

Get Down With It

Level: Beginner

Weapon: Unarmed

Instructor: Roger Bartlett

An introduction to getting down onto the floor. Some basic falls and maybe even a few rolls

Intermediate R&D

Level: Intermediate

Weapon: Rapier & Dagger

Instructor: Richard Raether

Double your blades Double your fun!

Stupid Sword Tricks in Small Spaces #21

Level: Intermediate

Weapon: Smallsword

Instructor: David Woolley

So you've been hired to stage a sword fight in a shoebox...here's some ridiculous pointers!

Exploring Choreography w/ Characters

Level: Intermediate

Weapon: Broadsword

Instructor: Jay Burckhardt

Taking generic choreography and manipulating how it is executed by discovering characters strengths and weakness, aggressive vs passive, trained and untrained.

Closing in for the Kill

Level: Intermediate

Weapon: Unarmed

Instructor: Christopher Elst

Build proximity with ever closer contact in simple unarmed technique. Utilizing different distances and amounts of contact, including contact strikes, shared weight, and core safeties, learn to make a close quarters struggle sell.

Trapped in a Hallway

Level: Intermediate

Weapon: Knife

Instructor: Andrew Ray

An intense look at knife fights when moving backwards isn't an option. Exploring the idea that there is no moving backwards, only forward.

Sticks of Chan

Level: Advanced

Weapon: Quarterstaff

Instructor: DC Wright

Based on the fighting styles of Jackie Chan, students will explore quarterstaff work with a martial arts flare. Finishing with a fight combining several of Chan's most excellent phrases!

SATURDAY, JANUARY 9TH

9:30-11:00

Get Da Funk Out Da Way

Level: Open

Weapon: Knife

Instructor: Michael Johnson

We'll learn how footwork can get us out of the way of an attack and into position for counterattacks, intercept their attack long before it lands, and how to stretch your opponent's attack to his/her detriment.

Warm 'Em Up!

Level: Open

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Lightsaber 101

Level: Open

Weapon: Special

Instructor: Jonn Baca

An introduction to an elegant weapon, from a more civilized age. Introduction to the cinematic style of Lightsaber, including the Force and choreography from the films.

Swashbuckling with Attitude!

Level: Beginner

Weapon: Single Sword

Instructor: Scot Mann

Description: Single sword as a character-driven medium taking inspiration from the golden age of film.

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Instructor: David Sterritt

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Bound Knife Fighting

Level: Intermediate

Weapon: Knife

Instructor: Dale Girard

Two combatants bound together by a short piece of rope, armed with knives, what could possibly go wrong? A dueling and brutal competition technique in a variety of cultures across the world and throughout history, the class will discuss and explore some techniques and trappings associated with a measure and range of motion limited by the unarmed hands of the combatants being bound together. The class will learn and explore various bound knife fighting techniques, learn a short routine in this style, and discuss the pros and cons of this form of knife fighting.

Broadsword Flow

Level: Intermediate

Weapon: Broadsword

Instructor: John McFarland

The student will learn ways of addressing Multi tasking of Broadsword by focusing on need based activities and applying them to broadsword.

React, Recognize, Respond

Level: Intermediate

Weapon: Unarmed

Instructor: Michael Anderson

This interactive lecture will provide a functional explanation of the way our brain processes information during a fight. This can be used to create a more realistic performance.

Unarmed in the Round

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Instructor: Andrew Ray

Unarmed techniques for theatre in the round. Hiding technique in plain sight and tricking the audience into seeing what we want them to see.

Ugly Smallsword

Level: Advanced

Weapon: Smallsword

Instructor: Richard Raether

Forget the pretty poses and positions - just kill the guy with a big needle.

Case of Rapiers

Level: Advanced

Weapon: Rapier

Instructor: Matthias Fittkau

Examination of the dueling style of Case of Rapiers and how the principles apply to choreographic possibilities.

Rapier & Dagger Renewal Part 1

Level: Renewal

Weapon: Rapier & Dagger

Instructor: Aaron Preusse

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SATURDAY, JANUARY 9TH

11:15-12:45

Why Can't We Be Friends

Level: Open

Weapon: Unarmed

Instructor: Brian LeTraunik

We'll make use of real wrestling techniques to perform real work for an extra authentic performance.

Life or Death Multi-Tasking

Level: Open

Weapon: Rapier & Dagger

Instructor: Dave Gonzalez

What's the point in winning if you don't look good doing it? We'll focus on more than speed and precision, but also on the class and character of the weapon.

Foley Folly

Level: Open

Weapon: Knife

Instructor: Sarah Flanagan

An open knife class exploring the sounds and violence, with everyone acting as foley artists for each other. Foley artist you say? Yes! The individual who adds sound effects to a movie in post production. Would you like to unsheathe your knife with a distinctive snnk sound? Would you like your blade to hum like a tiny lightsaber? Would you like to spill your enemy's guts and hear them go "Sploosh"? YOU CAN!

Breath and the Broadsword

Level: Beginner

Weapon: Broadsword

Instructor: Melissa Freilich

If you've never tried broadsword or found it heavy and awkward, this class is for you! We will learn strategies to release our breath and allow full body movement supporting the broadsword so that it can swing easily and safely. You will learn the technical basics of sword stage combat but also refine the use of your whole self with the sword.

Swashbuckling for Landlubbers

Level: Beginner

Weapon: Single Sword

Instructor: Matthew Ellis

A basic introduction to the Single Sword with an emphasis on panache!

What's the Point?

Level: Beginner

Weapon: Smallsword

Instructor: Jay Burckhardt

Beginners guide to smallsword! Execution of point work and training tools to master the precision of the weapon.

Tesla's Needle

Level: Beginner

Weapon: Smallsword

Instructor: Christopher Elst

Using basic smallsword techniques, en gardes, and the feel of the steel, learn how to approach a fight to build electric tension in the audience and explode into the choreography.

I've Fallen and I Can't Get Up

Level: Intermediate

Weapon: Unarmed

Instructor: John McFarland

Using contact improv and unarmed techniques you and your partner will create a ground centric fight.

Fighting Funny Dangerously

Level: Intermediate

Weapon: Unarmed

Instructor: David Sterritt

In this class the intermediate student will focus on mastering the sometimes tricky techniques of multi-weapon parries- including parallel, Cross, sequential, counter sequential, replacement/transfer, and reinforced parries- and then incorporating these techniques into a training phrase.

Sticks of Chan

Level: Advanced

Weapon: Quarterstaff

Instructor: DC Wright

Based on the fighting styles of Jackie Chan, students will explore quarterstaff work with a martial arts flare. Finishing with a fight combining several of Chan's most excellent phrases!

The Art of Coarse Fighting

Level: Advanced

Weapon: Special

Instructor: Roger Bartlett

Coarse acting is "acting by persons who are pathetically anxious to do well without having any intention of working to improve themselves." We will use the principles laid out in the "Coarse Acting" handbook to create the ultimate *Fight that goes wrong!!*

Rapier & Dagger Renewal Part 2

Level: Renewal

Weapon: Rapier & Dagger

Instructor: Aaron Preusse

This class is solely for the purpose of renewing your SAFD certification. You MUST take both parts in order to qualify for the test.

SATURDAY, JANUARY 9TH

2:15-3:45

So You Want to be a Stunt Coordinator **Level: Lecture** **Weapon: None** **Instructor: Dale Girard**

A lecture and Power Point presentation on the actual expectations and duties of a professional stunt coordinator as established by SAG-AFTRA and common industry standards. This is not a class on film fighting or the process on choreographing for film and the designing or execution of stunts - but a truthful look at the job of the coordinator. The presentation will be followed by discussion and a question and answer period.

Knife Fight **Level: Open** **Weapon: Knife** **Instructor: Michael Anderson**

For aspiring choreographers. Learn the elements of a compelling staged knife fight, how to keep it real enough yet thrilling enough to get hired again.

Contact Hits **Level: Open** **Weapon: Unarmed** **Instructor: Richard Raether**

Give and take them with confidence! Learn and practice techniques that will take the worry out of contact hits.

Beginner Sword & Shield **Level: Beginner** **Weapon: Sword & Shield** **Instructor: Matthias Fittkau**

Take this opportunity to learn the foundation of these heavy weapons.

Dual Fence to the Death **Level: Beginner** **Weapon: Rapier & Dagger** **Instructor: David Sterritt**

I have two hands.... and two weapons! Come learn some basics of Rapier and Dagger and learn to be an ambi fighter! (Ambidextrous). Class will take beginner's through some of the basic's of Rapier and Dagger and allow them to fight with both hands. Thought fighting with one weapon was fun? Come try two!

Exploring Choreography w/ Characters **Level: Intermediate** **Weapon: Broadsword** **Instructor: Jay Burckhardt**

Taking generic choreography and manipulating how it is executed by discovering characters strengths and weakness, aggressive vs passive, trained and untrained.

Closing in for the Kill **Level: Intermediate** **Weapon: Unarmed** **Instructor: Christopher Elst**

Build proximity with ever closer contact in simple unarmed technique. Utilizing different distances and amounts of contact, including contact strikes, shared weight, and core safeties, learn to make a close quarters struggle sell.

Lightsaber 201 Story vs Flair **Level: Intermediate** **Weapon: Special** **Instructor: Jonn Baca**

This class will explore how to strike a balance between the flash of the Prequel Trilogy lightsaber fights vs. the evocative storytelling of the Original Trilogy.

Slop it Up **Level: Intermediate** **Weapon: Single Sword** **Instructor: Brian LeTraunik**

Is this a fight or a dance? How do you take good technique and make it look sloppy?

Desperate Small Sword **Level: Advanced** **Weapon: Smallsword** **Instructor: Matthew Ellis**

We will explore the intense danger of the duel, and where technique and opportunism meet to keep you alive and prepared for surviving in the 17th century.

Knife vs. Knife **Level: Advanced** **Weapon: Knife** **Instructor: Scot Mann**

An examination of choreography involving two characters with expert knife skills. Fast and effective, the work is based on actual knife fighting techniques

SATURDAY, JANUARY 9TH

4:00-5:30

William Hobbs: A Study in Fight Direction Level: Lecture

Weapon: None

Instructor: Brian LeTraunik

One of the undoubted pioneers of stage combat and fight direction, this lecture will examine the work of William Hobbs, through various film clips.

Motion Capture Performance

Level: Open

Weapon: Special

Instructor: Andrew Ray

A character-building workshop. Learn what is expected of a motion capture actor beyond stunts and stage combat.

of the undoubted pioneers of stage combat and fight direction, this lecture will examine the work of William Hobbs, through various film clips.

Victorian Standard Combats

Level: Open

Weapon: Single Sword

Instructor: Roger Bartlett

look at the standard techniques and sequences employed by actors in Victorian theatre. Its an excuse for "a terrific combat!"

Getting the Point

Level: Open

Weapon: Smallsword

Instructor: Richard Raether

Explore the fundamentals of Small Sword. Thrusting, distance and targeting open the door to great small sword fights.

Groin Shots Are Funny

Level: Open

Weapon: Unarmed

Instructor: DC Wright

This class will explore a myriad of different ways you can attack someone in their private parts. Beginning with two basic kicks to the groin and escalating through knees, punches, and even head butts, students will find themselves simulating groinal pain standing up, on all fours, and even laying down on the ground. And since Boobs are Funny too, we will not discriminate as to gender on what private parts we attack.

R&D Rhythm & Flow

Level: Beginner

Weapon: Rapier & Dagger

Instructor: John McFarland

The student will learn ways of addressing Multi tasking of R&D by focusing on need based activities and applying them to R&D.

Dialogue, Danger, Death

Level: Beginner

Weapon: Knife

Instructor: Christopher Elst

With a simple piece of knife choreography and a short scene, experiment with the 21 foot rule and how audiences perceive the danger of collapsing distance.

Barroom Swashbuckling

Level: Intermediate

Weapon: Single Sword

Instructor: Dale Girard

Double your blades Double your fun!

Broadsword Near & Far

Level: Intermediate

Weapon: Broadsword

Instructor: Michael Anderson

Using traditional Filipino techniques, we can fight from not necessarily-traditional distances.

Shield Wall

Level: Intermediate

Weapon: Sword & Shield

Instructor: Aaron Preusse

You've seen it on TV and the Movies, now's your chance to be part of a shield wall and push back rabble. We'll explore a number of wall styles in this bombardment.

Scrappy Brawling

Level: Advanced

Weapon: Unarmed

Instructor: Jay Burckhardt

An Unarmed throw down incorporating double timed hits, blind attacks and unusual knaps to create really tight, unclean violence. It will end up on the ground..

SUNDAY, JANUARY 10TH

9:30-11:00

Groin Shots Are Funny **Level: Open** **Weapon: Unarmed** **Instructor: DC Wright**

This class will explore a myriad of different ways you can attack someone in their private parts. Beginning with two basic kicks to the groin and escalating through knees, punches, and even head butts, students will find themselves simulating groinal pain standing up, on all fours, and even laying down on the ground. And since Boobs are Funny too, we will not discriminate as to gender on what private parts we attack.

Single Sword Speed Date **Level: Open** **Weapon: Single Sword** **Instructor: Christopher Elst**

Using stock phrases, create multiple duels with multiple opponents in a tiny amount of time

Schmacting 101 **Level: Open** **Weapon: Broadsword** **Instructor: Aaron Preusse**

Learn how to talk and sword fight at the same time!! This class will cover a simple choreography and then how to make it look pretty with all that Schmacting talent. Try out a new interpretation of a character or just learn how to hold the sharp pointing things without looking like it's your first time. Students will be able to place physical and emotional intentions together to form what might be an actual fight scene.

Lightsaber 101 **Level: Open** **Weapon: Special** **Instructor: Jonn Baca**

An introduction to an elegant weapon, from a more civilized age. Introduction to the cinematic style of Lightsaber, including the Force and choreography from the films.

Pushing the Envelopment **Level: Beginner** **Weapon: Smallsword** **Instructor: Michael Anderson**

Jump in the deep end of the sword fighting pool and learn the hard stuff first! If you can perform an envelopment, you can handle the rest of it.

Yes...But Why...? **Level: Beginner** **Weapon: Unarmed** **Instructor: Brian LeTraunik**

Why a move is chosen is almost as important as how it is performed. This class will look at the intent behind specific moves and how they change based on who is doing them and why.

Single Sword Be Fun-ny **Level: Intermediate** **Weapon: Single Sword** **Instructor: Michael Johnson**

Can a single sword fight be both silly and serious while remaining fun? Why, yes. Yes, it can.

Trapped in a Hallway **Level: Intermediate** **Weapon: Knife** **Instructor: Andrew Ray**

An intense look at knife fights when moving backwards isn't an option. Exploring the idea that there is no moving backwards, only forward.

Choreography Problems and Solutions **Level: Intermediate** **Weapon: Knife** **Instructor: David Sterritt**

Ever been working on a show where the director throws you something completely out of left field? Well, that's what this class is about. This class will explore different scenarios you will need to choreograph, and the throw in some changes from a director. The class will help you learn to change your choreography as needed and still effectively and safely tell the story you and the director want to show the audience.

Sword and Buckler **Level: Advanced** **Weapon: Special** **Instructor: Matthias Fittkau**

Its the oldest existing manual for fencing. It is from Germany and the English have borrowed it. In this manual are shown different stands and explain different methods of attacking. The buckler always in front protecting hands and used often as a leverage to block the opponent. In single pictures, with short expectation most in Latin. May be they had not enough German words in this time, they even had not the money to make proper photos. Never the less this techniques are very effective. And its looking nice on stage if you fight and could show the audience that there are many different ways to use a buckler. Have fun with a buckler and, of course, the sword.

Desperate Smallsword **Level: Advanced** **Weapon: Smallsword** **Instructor: Matthew Ellis**

We will explore the intense danger of the duel, and where technique and opportunism meet to keep you alive and prepared for surviving in the 17th century.

SUNDAY, JANUARY 10TH

11:15-12:45

Snap, Crackle, Pop

Level: Open

Weapon: Unarmed

Instructor: David Sterritt

Sometimes characters get hurt in fights. Other times, they get REALLY hurt. Come learn some truly terrible ways to choreograph and perform bone breaks and dislocations we can inflict on characters and the fun sound effects we pair with them.

Silky Smallsword

Level: Open

Weapon: Smallsword

Instructor: Zack Meyer

This class will rock out a basic level introduction to the style of Smallsword covering common footwork and bladework style and techniques.

Quarterstaff

Level: Open

Weapon: Quarterstaff

Instructor: Frank Delaney

A class focusing on rhythm as a storytelling tool, using primarily short form techniques

Unified Theory of Parries

Level: Beginner

Weapon: Single Sword

Instructor: Mike Speck

Never again confuse Parry 1 and Parry 7! Never again "parry" an attack into your own head! Some principles apply across lots of weapons, and many of them involve how not to get dead. We will learn them. This is NOT a good first sword class, but it is an EXCELLENT second sword class.

Dialogue, Danger, Death

Level: Beginner

Weapon: Knife

Instructor: Christopher Elst

With a simple piece of knife choreography and a short scene, experiment with the 21 foot rule and how audiences perceive the danger of collapsing distance.

Swashbuckling 101

Level: Beginner

Weapon: Single Sword

Instructor: Richard Raether

Learn the basics of swordplay, cuts, parries, and oh yes, swashbuckling!

Sword & Shield vs. Longsword

Level: Intermediate

Weapon: Special

Instructor: Scot Mann

Examining the advantage and disadvantages of each style opposing the other and sing their unique qualities to develop exciting choreographic sequences.

Wounds & Kills of Capo Ferro

Level: Intermediate

Weapon: Rapier & Dagger

Instructor: David Woolley

The horror of Italian Rapier play....you can keep your clothes on.

Modern 18th Century Fencing

Level: Intermediate

Weapon: Smallsword

Instructor: Roger Bartlett

The sport of Foil Fencing, but with a smallsword! This class will take a look at how the old fencing masters MAY have taught smallsword to their pupils using today's methods of teaching foil fencing.

Scrappy Brawling

Level: Advanced

Weapon: Unarmed

Instructor: Jay Burckhardt

An Unarmed throw down incorporating double timed hits, blind attacks and unusual knaps to create really tight, unclean violence. It will end up on the ground..

Living in the Consequences of Action

Level: Advanced

Weapon: Sword & Shield

Instructor: Andrew Ray

A sword and shield class that focuses on dealing with the trauma that this weapon inflicts on the body.

SUNDAY, JANUARY 10TH

2:15-3:45

But I DO Have a Belt

Level: Open

Weapon: Special

Instructor: Scot Mann

Use of a belt in choreography and self defense. A terrific way to increase the choreographic possibilities in your arsenal.

Push Me/Pull You

Level: Open

Weapon: Unarmed

Instructor: Michael Johnson

Description: We'll explore the various pushes and pulls that can be incorporated into fights, especially SPTs, and widen our vocabulary.

Knife Fight

Level: Open

Weapon: Knife

Instructor: Michael Anderson

For aspiring choreographers. Learn the elements of a compelling staged knife fight, how to keep it real enough yet thrilling enough to get hired again.

What's the Point?

Level: Beginner

Weapon: Smallsword

Instructor: Jay Burckhardt

Beginners guide to smallsword! Execution of point work and training tools to master the precision of the weapon.

This is my Boomstick

Level: Beginner

Weapon: Quarterstaff

Instructor: Aaron Preusse

This class will explore the basics of how to use the Quarterstaff to strike your partner rather than yourself. We will explore short form and the various targets and parries to make you look awesome and not just to play Robin Hood.

The Perfect Parry

Level: Beginner

Weapon: Rapier

Instructor: Matthias Fittkau

Parry as late as possible. Heard a thousand times from my Master Teachers. And they are absolutely right. The parry is THE part of the fight were you can play you character. Attacking is wound or kill, at least keep the bugger on the other end of the rapier busy. Parry could be pure panic up to the cool looking hero, board about the lousy attacks. We will go through the different parries with rapier and Dagger and try to find out what kind of parry is telling which story. And we do a bit of character work in a small fight, for example trying to transform from panic to Überlegen or from cool to frightened. A big box of options for playing your objectives. Come and play with us.

Get Down With It

Level: Beginner

Weapon: Unarmed

Instructor: Roger Bartlett

An introduction to getting down onto the floor. Some basic falls and maybe even a few rolls

Samurai Swashbuckling

Level: Intermediate

Weapon: Special

Instructor: Dale Girard

This class explores a style of eastern swordplay associated with chop-saki swashbuckling action films. Based in the fundamental sword techniques of the Korean martial art of Haidong Gumdo (meaning "the way of the sword"), this class explores the parallels and differences in performance based "broadsword" techniques and choreography. In this, the western style stage broadsword-play, where the sword serves as a weapon of weight, and offensive actions are generally met with opposition parries, is set aside and replaced with more fluid techniques that

Lightsaber 201 Story vs Flair

Level: Intermediate

Weapon: Special

Instructor: Jonn Baca

This class will explore how to strike a balance between the flash of the Prequel Trilogy lightsaber fights vs. the evocative storytelling of the Original Trilogy.

Intermediate R&D

Level: Intermediate

Weapon: Rapier & Dagger

Instructor: Richard Raether

Double your blades Double your fun!

Angelo's Disarms, Wounds and Kills

Level: Intermediate

Weapon: Smallsword

Instructor: David Woolley

Flashy and Fast or Brutal and Slow...Smallsword is a deadly game!

Swashbuckling Multiple Attackers

Level: Advanced

Weapon: Single Sword

Instructor: John McFarland

Group fights ala three musketeers, 2 on 1, 5 On 4, 4 on 3 and More!!!